

# KLAHANIE COMMUNIQUE

The October Communique is sponsored by: Newport Yoga :: [www.newportyoga.net](http://www.newportyoga.net)



NOV 2009

## NEW KLAHANIE WEB FORUM!

You asked for it... so we built it!

Visit the website to see the brand new Klahanie Forums for residents to:

- list items for sale
- business directory: offer services to the community
- arrange carpools
- plan events
- discuss community issues

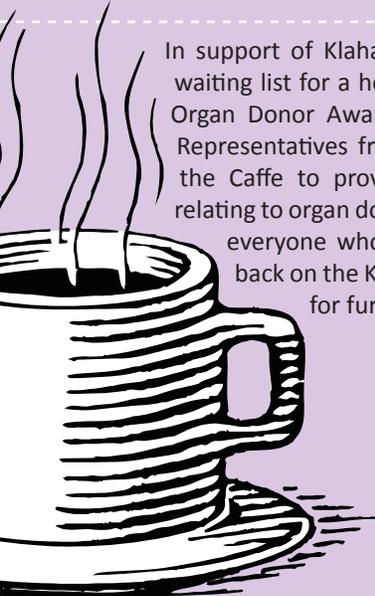
And much more! Registration is easy. So head on over to the Klahanie Forums at [www.klahaniecommunity.com](http://www.klahaniecommunity.com) and start posting!

## CAFFE DIVANO FUNDRAISER FOR EAGLE RIDGE HOSPITAL FOUNDATION

In November Caffe Divano will launch a fundraiser in support of Eagle Ridge Hospital Foundation. Caffe Divano and Cornerstone Cafe (Coquitlam) will sell coupon books valued at \$50 for a \$10 donation to the Foundation. Come by early November as these coupon books are sure to sell out quick!

## CAFFE DIVANO ORGAN DONOR AWARENESS NOV 14/15

In support of Klahanie resident Chris Kirby, who is on the waiting list for a heart transplant, Caffe Divano will host an Organ Donor Awareness weekend on November 14 & 15. Representatives from the BC Transplant Society will be at the Caffe to provide information and answer questions relating to organ donation. Caffe Divano will offer \$1 lattes to everyone who signs up to be an organ donor! Check back on the Klahanie website or Caffe Divano's website for further details. [WWW.CAFFEDIVANO.CA](http://WWW.CAFFEDIVANO.CA)



## ADVENTUROUS EMPTY NESTERS:

Retired? Interested in meeting your neighbours? This resident group meets for discussion and activities. See Activities & Groups page on website.

## KLAHANIE BLOCKWATCH:

Want to join this committee? Next meeting: Wed Nov 18. See Blockwatch info on website!

*Blockwatch Tip: combat auto theft by investing in a good anti-theft device. If you suspect your vehicle has been tampered with or you see someone suspicious around a parked vehicle, call the Port Moody Police at 604-461-3456.*

*Visit our website for these regular features!*

**ASK NINA:** *Nina answers the following question ... I would like to meet more people in my community. Do you have any suggestions of how to strike up a conversation with my neighbour that's not about the weather?*

**GEEK SPEAK:** *Find our more from our resident computer expert. How do I protect my computer against viruses and spam? What software would you recommend? Is there free software and is it as good as the one you buy?*

**RECIPE of the MONTH:** *This month try a fabulous "Curried Cashew, Pear, and Grape Salad"*